



WHAT?

RCEM Guidelines (2014)

SEVERE pain:

- IV analgesia within 20 mins of arrival.
- Re-evaluate pain and analgesia within 30 mins of the first dose..

MODERATE pain:

- Offer oral analgesia at triage/assessment.
- Re-evaluated within 60 minutes of the first dose of analgesia.

WHY?

Pain is commonly under-recognised, under-treated and this can delay further assessment and treatment.

We also need to re-assess that our analgesia has worked as your patient may require more.

Don't forget alternatives to analgesia such as splinting, plaster casts and distraction (this is especially true in paediatrics). We can also use regional anaesthesia.

HOW?

#GEMCON16:

<http://bit.ly/olderpain>

RCEM Guideline:

<http://bit.ly/rcempain>

