

| Patient details | University Hospitals of Leicester |
|---|--|
| Full | NHS Trust |
| name | Emergency Decisions Unit (EDU) Leicester Royal Infirmary Infirmary Square Leicester, LE1 5WW |
| Unit number | EDU desk 0116 258 6214 EDU fax 0116 258 5920 |
| (use sticker if available) | |
| Dear Doctor, | Date |
| Your patient attended our ED with chest pain of recent onse | et. |
| History in one single sentence: | |
| We have excluded an acute coronary syndrome (ACS) usin | g a validated rule-out protocol. ^[1] |
| | |
| Suggested further management (EDU clinician please | e tick the statement(s) below as applicable) |
| We have assessed the likelihood that your patient has symptomatic coronary artery disease (CAD), using an approach recommended by NICE (see pathway on reverse). [2] Our suggestions for further management are as followed: | |
| □ Your patient has an established diagnosis of CAD (see box 1 on reverse for details) □ and reports typical anginal pain – continue / optimize treatment for stable angina as recommended by NICE. [3] □ but we are not certain that your patient's chest pain is caused by CAD. Consider (re-)referral for diagnostic testing. | |
| □ CAD was excluded, as patient had non-anginal pain. Diagnostic testing for CAD is not required; consider other causes of chest pain (e.g. gastrointestinal and musculoskeletal conditions) when reviewing the patient. | |
| □ CAD is <10% likely and diagnostic testing is not required. Consider other causes of chest pain (e.g. gastrointestinal and musculoskeletal conditions) when reviewing the patient. | |
| ☐ CAD is <10% likely but your patient reports typical angine cardiologist to look for non-CAD causes of angina (such | al pain. Testing for CAD is not indicated but consider referral to a as hypertrophic cardiomyopathy or syndrome X). |
| ☐ CAD is between 10 and 60% likely (see box 5 on reverse | e for more details). We recommend referral for CAD diagnostic testing. |
| Pain Clinic (RACP), as coronary angiography is likely rec NB : Further recommendations for patients in whom the r ☐ Your patient requires appropriate management | letails). We have referred your patient to the UHL Rapid Access Chest quired. We recommend Aspirin 75mg PO once daily (unless allergic). esults of CAD diagnostic testing is awaited (as indicated): for anaemia (Hb <130g/L in men; <120g/L in women); Hb: g/L buld be managed as stable angina as recommended by NICE. [3] |
| □ Your patient reports typical anginal pain and CAD is >90% likely. We have referred him / her for follow-up within 4 weeks to the UHL cardiology OPD and provided a GTN spray. We recommend treatment for stable angina as per NICE guidance. [3] | |
| ☐ Your patient is very frail and unlikely to benefit from a standard management approach. Consider an individualized care plan. | |

References

Further suggestions (if applicable):

- 1. HammCW, BassandJP, AgewallS et al. ESC Guidelines for the management of acute coronary syndromes in patients presenting without persistent ST-segment elevation. Eur Heart J 2011;32:2999-3054.
- 2. National Institute for Health and Clinical Excellence. Chest pain of recent onset: assessment and diagnosis of recent onset chest pain or discomfort of suspected cardiac origin (clinical guideline 95). 2010. www.nice.org.uk/guidance/CG95
- 3. National Institute for Health and Clinical Excellence. Management of stable angina (clinical guideline 126). 2011. www.nice.org.uk/guidance/CG126

Please do not hesitate to contact myself or ED consultant Martin Wiese if you have questions about our management of this case.

