

# Timetable for EM Higher Specialist Trainees

## HEE-EM Regional Training Programme

### ST4-Pre FRCEM ST6

2023-2024

Date	Components	Site/ Lead
15 <sup>th</sup> Aug 2023	<i>Morning:</i> TPD welcome and Induction for ST4s (all ST4s to attend) [half day]	Nottingham / TPDs
	<i>Morning:</i> FRCEM SBA practice (ST5+ to attend) [half day]	Virtual / Venkat Kotamraju
19 <sup>th</sup> Sep 2023	Mock FRCEM day: OSCE's.*	Location TBC / Venkat Kotamraju & Faisal Faruqi
17 <sup>th</sup> Oct 2023	Frailty in the ED. (SLO1)	Leicester / Kate Russ
21 <sup>st</sup> Nov 2023	Endocrine and Electrolyte Emergencies (non-diabetic) (half day). (SLO1&3) Environmental Emergencies (half day). (SLO1&3)	Chesterfield / Katherine Lendrum
19 <sup>th</sup> Dec 2023	Quality Improvement- How to Do it (half day). (SLO1) Mental Health Emergencies and Toxicology (half day). (SLO1)	Northampton / Jamie Sillett
16 <sup>th</sup> Jan 2024	Sim Day.* (SLO3)	Derby / Venkat Kotamraju AND Leicester / Kate Russ

<b>20<sup>th</sup> Feb 2024</b>	Ultrasound Day. (SLO6)	Mansfield / Amit Jaiswal
<b>19<sup>th</sup> Mar 2024</b>	Major Trauma. (SLO4)	Nottingham / Faisal Faruqi
<b>16<sup>th</sup> Apr 2024</b>	Safe decision making and supporting the ED Team (half day). (SLO2) Obstetric and Gynaecological Emergencies (half day). (SLO3)	Lincoln / Ahmad Hassan
<b>21<sup>st</sup> May 2024</b>	Dealing with Complex or Challenging Situations in the Workplace (half day). (SLO7) Surgical Emergencies (half day). (SLO1&3)	Kettering / Sareesh Bandapaati
<b>18<sup>th</sup> June 2024</b>	Key Procedural Skills workshop (not POCUS). (SLO6)	Leicester / Kate Russ AND Nottingham / Faisal Faruqi
<b>16<sup>th</sup> July 2024</b>	Paediatric Resuscitation and Emergencies. (SLO5)	Mansfield / Amit Jaiswal

*\*The mock OSCE and SIM days will require consultants external to the site helping to facilitate. We are planning to run the SIM day and Key Procedural Skills Day at 2 sites, to help facilitate the day with the number of trainees in the region. This will be rotated over the years.*

## **2023 FRCM Exam Dates**

**FRCM SBA:** 15<sup>th</sup> March 2023  
4<sup>th</sup> October 2023

**FRCM OSCE:** 15<sup>th</sup>-26<sup>th</sup> May 2023  
16<sup>th</sup>-27<sup>th</sup> October 2023

## **Notes on Regional Teaching**

- Teaching is on the 3<sup>rd</sup> Tuesday of every month.
- Attendance at regional teaching for all ST4s, ST5s and pre-FRCES ST6s is mandatory unless you are on annual leave (except induction, which is for ST4s only). You should keep a record of attendance with a reflection on your ePortfolio for each day you attend.
- The regional teaching programme is designed to cover a significant proportion of the curriculum, rolling over a two-year period. Some sessions are more focused on FRCES preparation, such as the annual mock OSCE day and the FRCES SBA session.
- The key SLOs are identified for each session so please be guided on teaching session content by the relevant section of the RCEM curriculum (see link [Home Page - RCEM Curriculum](#)).
- Format for the teaching is topic dependent and will be decided by the College Tutor at the site running the teaching, in conjunction with the TPD as/if required. Use of various modalities of teaching have received very good feedback previously. Some days lend themselves far better to face to face delivery, and others may work equally well as virtual/hybrid sessions.
- Days that have a clinical theme will include other aspects of the curriculum also (e.g. medico-legal dilemmas, leadership aspects). Certain days will require preparatory work prior to them and the use of EDT to do this is acceptable.
- Trainees should be freed up from commitments and be able to attend. A register is taken at each day. The only exception for absence is annual leave. Other reasons for absence need to be brought to the attention of the TPD. Less than full time trainees need to attend a proportionate amount of training days to their LTFT status and this needs to be planned with their educational supervisor. Post FRCES ST6s are welcome to attend and should also be involved in planning / running the days.
- Feedback will be taken on each session to optimise future sessions.

*Dr Liz Burgess and Mr Raza Dar*